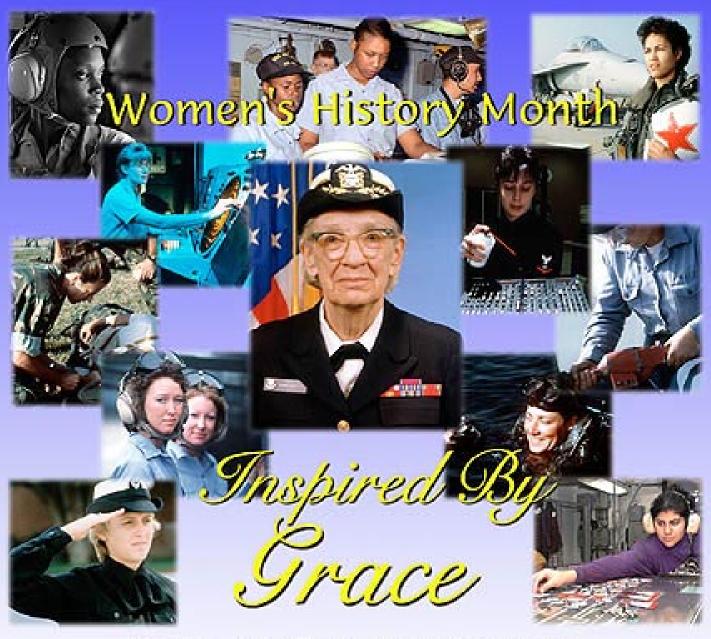
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NAVAL AIR RESERVE NORFOLK

Commanding Officer's Commentary

here's a saying that goes: "The more things change, the more they stay the same." Like all sayings, sometimes it fits and sometimes it doesn't. I've been reflecting on how we collectively do business at NAR Norfolk today as compared to when I first arrived here as the RPD in 1991.

The most obvious difference is how our units have changed over the years. Rightsizing and realignment have altered our mission. Some gaining commands no longer exist and other organizations have changed their operational focus. CARGRU units have moved to Norfolk from Atlanta and Washington in order to be co-located with their parent CARGRUs.

We have stood up a Second Fleet JFACC unit. Reserve carrier augment units are no longer associated with one particular CV(N) and are generic units ready to support any carrier. NAS Oceana and Norfolk units have changed from being primarily AIMD support units to a larger role. LEPSU units have become global assets. You get the picture.

The second, less obvious but more important change is how we utilize our prime assets - our people. Contributory support to

the Fleet is the name of the game. We have been heavily into contributory support for several years now. Looking back, it's a wonder why we were not always more heavily committed to the ultimate customer: the Fleet. Back in 1991 we were always chasing "readiness" based on arbitrary training tracks and even more arbitrary point values. This readiness pursuit was often merely self-congratulatory and of no real value to the Navy.

Today's Naval Air Reservists can rightly be proud of the essential missions they are doing daily for the Navy. Tied in to the shift towards contributory support is increased "reskeds" performed with gaining commands during their work week. "Reskeds" were frowned upon in the early 1990s, but are now an important fleet manpower asset for many gaining commands.

Veterans were the norm in 1991. They still are, but the percentage of AIA/APG recruits in our program is rising. We must be ready for them and ready to train them to become assets to the Fleet. They are essential to our future.

What has not changed is the commitment of all concerned to provide a quality

product to the Fleet. The active duty cadre at NAR is honestly "here to help." I recognize the difficult balancing of priorities you all face between your families, your job and the Navy and my staff is here



and my staff is here **Capt. R. Mark Heilenday** to enable you to maximize your support with minimal obstacles.

We can certainly say that things have not "remained the same" for the last eight years. You have embraced change and made it work. Future change is a certainty - think of it as a challenge and an opportunity and not as something to be feared.

About the Cover....

Grace Hopper: born December 9, 1906, died January 1, 1992

Admiral Grace Hopper was a distinguished naval officer and computer scientist. The first person to receive the computer sciences Man of the Year award from the Data Processing Management Association (1969), she is also known as "Amazing Grace". In 1973, she became the first woman to be promoted to captain in the Navy while on the retired reserve list, and in 1983, she was appointed Rear Admiral. After her retirement from the armed services, she worked as a consultant to Digital Equipment Corporation until her death.

Anchor Talk



Recently, I received an E-mail that took me by surprise. As I read from it, the story told of a man at a funeral, giving a eulogy about a friend.

AFCM Larry Patterson elliogy about a friend. Command Master Chief He started out with the date of birth and continued with tears, the date of death. But he said, "what mattered most was the dash between those years (1947-1998). For the dash represents all the time that she spent alive on earth, and only those who loved her, know what that little line is worth. For it matters not, how much we own; the cars, the house, the cash, what matters is how we live and how we spend our dash."

The speaker had more to say, but I think you have the main idea. A little introspection on how we live our lives and how are we filling the gap between birth and death may refresh the meaning of our existence. Do we help our shipmates in the tasks of the day, show our appreciation to others, treat each other with respect, and wear a smile more often? Remember, that special dash might only last a little while.

So I'll leave you with this thought: When you are reviewing your dash - your life's actions - are there any areas that you would change? When someone is speaking of you, on that particular day in your future, would you be proud of those things they say about how you spent your dash?

L. L. Patterson

Commanding Officer
Capt. R. M. Heilenday

Commanding Officer
Cmdr. J. G. Wolf

Public Affairs Officer JOC Stephen Orr Editor JO2 April Phillips

Staff Photographers PHC(AW/SW/SCW) Kvello PH1 John Gorenflo PH2 Anibal Rivera PH3 David Stevenson

Staff Journalists JO2 Jim Bane Home Page Editor JOC Stephen Orr

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HCS-4 Redwolves conduct interservice CSAR training



BY Lt. Matt Ludwig

his past November, the Air Force Weapons School once again called upon the Combat Search and Rescue (CSAR) talents of the HCS-4 Redwolves and HCS-5 Firehawks. For the last two years HCS-4 has lent a hand in the CSAR training of USAF A-10 pilots at their advanced training facility in Nellis, Nevada. This training, which simulated a variety of rescue scenarios involving aircrew shot down behind enemy lines, has proven invaluable to both the Navy and Air Force.

For this training HCS-4 provided a 30-person detachment of pilots, aircrewmen, and maintenance technicians that was augmented by pilots and aircrew from HCS-5, the Redwolves' sister squadron in Point Magu, CA.

The combined Redwolf and Firehawk aircrews teamed up with Air Force A-10 instructors and students from the Weapons School for the planning, coordination and execution of real world CSAR simulations. In the two-week training period HCS crews



An HCS-4 HH60-H Seahawk lifts out of a field on a SEAL training mission in Ft. Chaffe Arkansas

Photo by AE2 Travis Grogan

flew over 30 sorties and 20 separate CSAR scenarios.

During this period a cadre of new HCS pilots and aircrew cut their teeth on some of the most demanding helicopter flying the Navy has to offer. Aircrews learned first hand the rigors of flying the entire H-60 envelop in desert, mountain and high altitude environments.

More importantly, everyone involved gained a strong appreciation for the complexity of coordinated operations in a fastpace, high-threat setting.

This two-week CSAR exercise capped a four-month training course in advance tactical flying for a select group of Air Force A-10 pilots. Integral to this phase in their training is coordination with the crews who operate the helicopters that will be called upon to perform the actual rescues.

Recent deployments of organic Air Force rescue helicopter units have spread their own assets thin. This situation has opened the way for HCS- 4 and HCS-5 to increase their training opportunities as well as provide an invaluable assist to their Air Force CSAR partners. Indeed, these A-10 pilots from the Air Force Weapons School could very well find themselves working again with Redwolves or Firehawks in future real world situations.

Congratulations! ET1 (AW) Richard Grube of PSYOPS 0286

Naval Air Reserve
Norfolk's 1998 Reserve
Sailor of the Year

March / April 3

Women's History Month a commentary

By JO2 April Phillips -

think ing of a way to spotlight Women's History Month in a manner somehow different from the stories I wrote on the subject last year and the year before, I had a sudden flash of brilliance. Why not write a witty commentary chock full of strong historical references and insightful verbage?

I'll make the reader stop and say, "hmmm," while reflecting on the countless strong women who have shaped our history. After all, I am uniquely qualified for this task. I am, in fact, a woman.

But then I thought, why must it always be **HIS**tory or **HER**itage? I am reminded of something I heard during Naval Air Reserve Norfolk's Black History Month celebration. We should celebrate our diversity. I celebrate every day that I wasn't born a man, but I also realize many of the opposite sex celebrate the fact that they can consume an entire bag of Doritos without immediately feeling compelled to ask, "Do I look fat?"

I am proud of women like Deborah Samson, who refused to play by the rules during the American Revolution. She dressed as a man and blew a bunch of Redcoats away. When it was all said and done, even the newly-formed maledominated U.S.A couldn't take anything away from her efforts. They awarded her a veteran's pension as a hero and warrior of the Revolution.

I am proud of Eleanor Roosevelt's legacy. Long before Hillary Clinton, Ms. Roosevelt believed a First Lady should do more than bake cookies and redecorate the White House. She took her job seriously, and traveled the world gathering information about worker's concerns, children, minorities and the poor.

After her 12-year term as First Lady, she continued her efforts and served as U.S. delegate to the United Nations, where she was instrumental in the passage of the Universal Declaration of Human Rights.

I am proud of poet Maya Angelou, who fills my soul with her words and makes my heart beat just a little bit louder when her booming voice transforms a room with, "I am a woman, PHENOMENALLY."

I am proud of women in the Navy, who get dirty right alongside men in tasks as varied as scrubbing toilets and directing multi-million dollar aircraft on flight decks all over the fleet.

But is that pride confined to female-kind? Didn't all of these women have fathers, brothers and sons whose hearts overflowed when these great women made their advances? And more importantly, didn't these women shape our nation? Not the Kingdom of Womanhood, but the United States of America. Of course they did. This is Women's History, but it's also American History. Celebrate it.

Women's History Month Trivia Questions:

- 1. Which mother led a 125-mile march of child workers all the way from the mills of Pennsylvania to President Theodore Roosevelt's vacation home on Long Island?
- 2. She came to the U.S. when she was a teenager to study science and stayed to become the "world's foremost female experimental physicist." Her most famous experiment disproved what had been thought to be a fundamental scientific law. Who is this Asian-American scientist?
- 3. The line of beauty products she created for African-American people made her the first black female millionaire in the United States. Who is she?
- She opened "Hull House" in a run-down Chicago neighborhood to improve conditions for poor immigrants. The program of Englishlanguage classes, childcare, health education and recreational opportunities inspired hundreds of other settlement houses around the nation. Can you name her?
- 5. Clara Barton is best known for founding the American Red Cross, but she also played a vital role during the Civil War. What did she do?

could be notified. men killed or missing in action so their families She helped document the 22,000 'sjaiplos 5. Clara Barton solicited donated Union and took them directly to wounded Union

dedication to the cause of international peace. won the 1931 Nobel Peace Prize for her lifetime generation of female college graduates, each 4. Jane Addams (1860-1935). One of the first

her line of products. black women, to work in her factories and sell 3. In 1905, Madam C.J. Walker (1867-1919) began developing an effective hair lotion. She eventually employed 3000 people, mostly

could be violated in nature. experiment showed that conservation of parity scientific research. Suomat taom 19H 2. Chein-Shiung Wu (b. 1912) has received both the National Science Medal and the internationally respected Wolf prize for her

1. The feisty labor organizer, Mary Harris Jones (1830-1930) led the march in 1903 to bring the evils of child labor to the attention of the President and the national press.

NAR Norfolk takes Hammann trophy two years in a row

By JO2 April Phillips

smarter. catch phrase being heard throughout the Navy and civilian enterprise. But what does it really mean? Just ask the folks at Naval Air Reserve Norfolk, who say working smarter all boils down to efficiency. And they ought to know, having won the Ensign Charles H. Hammann award for the second year in a row.

The award is named in honor of a Naval Air Reservist who received the Medal of Honor for heroism during World War I fighter missions. It is presented annually to the Naval Air Reserve command judged by COMNAVRESFOR to be most efficient in performance of its primary mission.

At NAVAIRES Norfolk, the mission is serving the Selected Reservist and helping

him or her be of most service to the Fleet. To that end, a team of active-duty and civilian personnel work together to keep everything running smoothly.

It's definitely a team effort, said the Command Master Chief, AFCM (AW) Larry Patterson. "The award is presented for efficiency across the board — for every aspect of how we operate the business of Naval Air Reserve Norfolk."

An important part of that team is the civilian crew. "The civilians provide continuity at the command," said Michelle Andrews of the comptroller department. "Because we're here longer than most of the office. In the processing of orders, Gay said military, we get to really know the Reservists' needs, and we're here to take care of them."

On the military side of the house, Sailors like AZ2 Keith Gay bridge the gap between ning attitude when he said the Ensign C.H. Reservists and their gaining commands. Gay works with SELRES on a daily basis as a member of the Reserve Program Director's service to the Reservist."



The Ensign Charles H. Hammann trophy

the key importance is "timely submission and execution of AT, ATD and IDT orders."

CMC Patterson summed up the win-Hammann award is about "perseverance, and consistently striving to improve our

CINCLANTFLT OPINTEL takes intelligence to 21st century

By Lt. Cmdr. Peter Pate, CINCLANTFLT OPINTEL 0186 PAO

aval Reservists ported the Atlantic Fleet in many ways for many years. One of the newest Naval Reserve units to continue this fine tradition is Operational Intelligence, Commander in Chief, Atlantic Fleet (OPINTEL CINCLANTFLT) 0186 based Naval Air Reserve Norfolk, Va., with a detachment in Jacksonville, Fla. Commissioned in October, 1997, the unit's mission is to provide a cadre of intelligence personnel trained in currrent intelligence operations and supporting technology to CINCLANTFLT, the type commanders and their subordinate units.

Providing trained intelligence specialists, radiomen and yeomen to the fleet, the unit has supported numerous exercises including Joint Task Force Exercise, Marine Expeditionary Unit Exercise, Special Operations Command Exercise, Supreme Allied Command Exercise, Fuertas Defensas, Global Grid, Strong Resolve, Unified Endeavor, MARCOT/Unified Spirit 98, and NETCENTRIC Anti-Submarine Warfare Exercise 99.

Unit members have served on a variety of ships and afloat staffs, including carriers, amphibious ships, Explosive Ordinance Diver Group, Second Fleet, Amphibious Group Two, Carrier Group Four and Destroyer Squadron staffs.

Extended active duty service includes Cruiser-Destroyer Group -8 during a deployment

in the Mediterranean and the JOIST, directly supporting active duty exercises.

The unit exemplifies the One Navy concept. The unit is organized in teams, each of which is dedicated to a specific ship or group of ships. A team member serves on two active duty training periods in three years on his or her ship and then continues direct support during drill periods. Often the drill weekend is spent working on the ship, training on current intelligence systems and completing projects of immediate value. Imagine how rewarding it is to know the research and analytic work you did at drill would be immediately integrated into real world intelligence products!

Such an arrangement fos-



ters closer working relationships between active and Reserve Sailors and ensures the highest quality support is provided to the fleet.

Service in the unit is not just about going to sea. Although the unit has only been in

Please see — OPINTEL, Pg. 9

CNRF speaks to local SELRES concerns

By JO2 April Phillips

Reserve Force, recently took time out of his busy schedule to speak to Naval Air Reservists stationed onboard Naval Station Norfolk, VA. Rear Adm. Totushek held two "Admiral's Calls" — one for Chiefs and officers and one for E-6 and below.

Adm. Totushek was very enthusiastic about the state of Reserve affairs and conveyed this during the E-6 and below discussion.

"This is going to be a great year for the Naval Reserve," he said.

In his introduction, the Ad-

miral told his troops about the new funding for the Reserve Force that will clear up some existing problems and help troubleshoot new ones. He also addressed many other issues of concern to all Selected Reservists.

In the past, many SELRES have been asked to waive their two-week period of Active Duty Training, or AT. This has frustrated many Reserve Sailors who felt AT was a necessary tool to stay current in their fields of expertise and remain on par with their active-duty counterparts.

"There should not be anyone who wants to go on AT who is not able to go," Adm. Totushek stated emphatically. "In addi-



Rear Adm. J.B. Totushek, Commander, Naval Reserve Force



Rear Adm. J.B. Totushek listens as a Selected Reservist tells the gathered E-6 parts.

tion, if anyone wants to attend a school, we should be able to cover that with ADT (Additional Active-Duty Training).

The head of the Reserve Force also discussed promotion issues.

"The Force is not currently shaped properly," he explained. "Some rates are seriously undermanned, but many are overmanned at levels of up to 150 percent."

The Admiral further explained this often means Reservists in overmanned rates consistantly score in the upper percentiles on the rating exams

but still have no possibility of getting advanced.

"We are committed to reshaping the force so rates are properly manned and Reservists have a fair chance to get promoted," Totushek said.

The Admiral also asked the gathered Reservists to market the Naval Reserve.

"This year it's more important than ever to recruit new Reservists and retain all of you," he said. "I ask you all to help your shipmates make the best possible career decisions."

He also asked the SELRES in attendance to be "salespersons" for the Naval Reserve and to "sell it to Sailors coming off

Rudder

at area Admiral's Call



Photo by PH3 David Stevenson

and below Sailors to market their talents to their active-duty counter-

active duty."

Adm. Totushek then opened the floor to questions from his Sailors.

A first class petty officer asked "How is the defense spending bill affecting Reservists?"

The Admiral cited the 4.4 percent raise for the year 2000, up from 3.6 percent in 1999. "They are also going to fix the pay table," he said. "E-5s and E-6s should see an even bigger raise to fix the gap between what they can earn on the outside and what they earn in the Naval Reserve."

Adm. Totushek also stated, "I can almost guarantee Congress is going to fix the problem

with the Redux retirement plan," giving all retirees who joined the Navy after 1986 fifty percent of their base pay instead of only 40 percent.

Another Reservist asked why they do not receive retirement pay until after age 62, even though their active-duty counterparts receive the benefit as soon as they retire.

The Admiral said he saw it as "an incentive to stay on active duty," and that he has "no major beef with it."

Other Sailors expressed concern about career opportunities. One brought up the issue of advanced education and how an enlisted Reservist could receive a commission.

"Actually," Adm. Totushek began, "we have several commissioning opportunities that are going vacant. They are out there," he said. He also advised any Reservist who wanted to earn a commission to speak to his or her career counselor about the many paths available to help meet that goal.

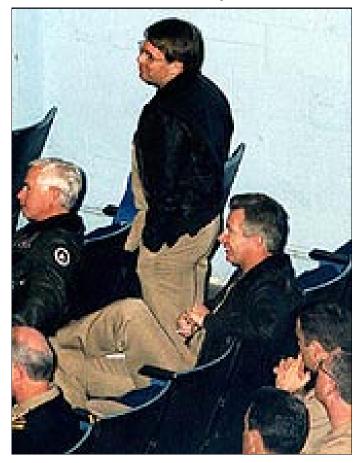
The age-old stereotype pitting Reservists against activeduty Sailors was also discussed. A female second class yeoman brought up her concerns about support from Training and Administration of Reservists (TAR) Sailors. She felt Reservists could benefit from more thorough support.

"It comes down to relation-

ship building," the Admiral stated. "The more we do and the more sucess we have, the active-duty counterparts will realize what a wonderful resource they have in us."

Another Sailor put her spin on the issue, to a thunderous round of applause from the crowd. She said, "We need to sell ourselves to the active duty. We need to call them and let them know we are coming in and ask them to have work ready for us. They really appreciate that and we are being more effective."

This spirit of communication should go a long way toward showing the active-duty Navy and the world that the Naval Reserve is a top-notch part of the Total Force, ready and willing to serve.



The officers and chiefs express their concerns to Adm. Totcushek in an earlier Admiral's Call





Fighter Squadron Composite 12



Helicopter Combat Support Special Squadron 4

"My heartiest congratulations to the 1998 Battle 'E' winners. Your outstanding achievements reflect tremendous teamwork and dedication to the Naval Air Reserve Team. Bravo Zulu to each and every one of you for a job exceptionally well done!" Rear Adm. S.T. Keith

at work

38101Sc



Above: LEPSU instructor BM2 Joe Lisowski loads a Beretta 92F model firearm.



Above: YN2 Tammy Weaver fires a Beretta 9mm during night fire qualifications.

Below: MA2 Jason Collins patrols the area around Dam Neck and Oceana Naval Air Station.



Photo by AN Robin Pulliam

SURFIN' SELRES!

New features! New Info! New Password?!?

By JOC Steve Orr, NAR Norfolk PAO and resident webmaster

y, oh, my, oh, my. One day, you're cruising the NAVAIRES Norfolk web site HYPERLINK http:// www.norfolk.navy.mil/navaires , checking out the drill schedule and topical summary, making sure you're up on the latest and greatest news. A couple of days later, the entire web site is gone, with a message to check back soon! Then a few days later, the site is back, but when you try to access the topical summary and schedule, your browser displays at box asking for a username and password! What happened?

Well, sometime during the second week of February, a military task force assigned to the automated web spider, looking compliance with current DoD topical summary and drill scheddrop those items from the site completely, or put the information behind a password. Guess which one we chose?

As it turns out, this has provided us the opportunity to provide even more vital informaPassword access is restricted to Selective Reservists drilling with NAVAIRES No squadrons. You will need a username and password to access the Monthly Dril Topical Summary, and various Reserve message traffic.



We should be able to send you a username and password within 5 worki

Internet scanned our site with an tion to our drilling Selected Reservists. Because we can now for items that may not be in password-protect various pages, we've added Reserve-oriented and Navy guidelines. The NAR message traffic to the site. This site took a few hits, the main includes AT and augmentation ones being our posting of the opportunities, Reserve Board messages, and other various ule. Our options were to either types of information of specific interest to our drilling SELRES.

> Now don't panic about the password. It's easy to get access to these protected pages. When you arrive at our opening page, just click on the button that says 'How to obtain your NAR pass

word.' From there, just follow the step-by-step instructions and you should have your password within a week.

Because of the nature of the information, we are currently limiting access to Selected Reservists who are actively drilling with NAVAIRES Norfolk unit and squadron components, which means we check your name, rank and social security number against the database in Reserve Services. If you're not in their files, or in the files of the squadrons, we cannot give you

access.

So hit our site (actually, it's YOUR site), get your password, and read the info that you'd normally have to wait until the drill weekend to see.

Oh, and while you're at it, please take the time to fill out the RUDDER/Web site Internet survey elsewhere in this issue, or on the special survey page on the web site. And keep on surfin', SELRES style!

OPINTEL—

Cont. from pg. 5

existence for one year and the 47 plankowners have already performed nearly 1000 days of direct fleet support and more than 600 days of support to other intelligence activities, they have still found time to attend training. This includes leadership courses and advancement indoctrination.

RIPO Norfolk and NMITC are responsible for an extensive program of initial and refresher intelligence training. CINCLANTFLT OPINTEL 0186 has numerous members learning the tools of the trade, growing the Officers and Sailoros who will take our program far in the 21st century.

Spotlight Your Unit

Send interesting tidbits about unit personnel, upcoming ATs and exercises to: narpao@cnrf.nola.navy.mil, or, drop them by the PAO office, Bldg. SP-367, Room 114

9 March / April

NEWS The Reservist can use

Uniform Notes

Provided by BMCM(SW) B.C. Cruse. Navy Uniform Matters Office

New utility uniform regs ...

- -- Like the dungarees, Sailors (women and men) are required to wear a white crew neck undershirt at all times with the utility working uniform.
- -- During this transition period of leaving dungarees behind to history and moving forward in utilities, some Sailors may be required to transition to the utilities before the requirement date of 1 Jan 01. Dungarees are no longer being manufactured. At one point, some sizes of dungaree trouser and shirt will not be available because stocks have been depleted. When your size is gone ... it's gone. At that point a Sailor will be required to transition.
- -- The mixing of dungarees and utilities is not authorized. On the utility chambray shirt there is a placket, or in other words, a sewn-on fabric strip, which runs the length of the shirt's buttonholes. This placket is a dead giveaway of mixing uniforms.

Uniform History ...

World War I -- Women in the Navy

The mobilization of 1917 for the impending war brought about a new element into enlisted uniforms -- women. Females were organized into Reserve groups and a uniform, which paralleled civilian fashion, was designed. It is interesting to note that while the male enlisted uniform was distinctly nautical and evolved in relation to maritime needs, female enlisted clothing more closely followed civilian trends.

Uniform Trivia ...

Are servicemembers authorized to wear visible religious apparel distinct to their faith group in uniform? Answer in next issue.

Reserve chores allowed during office hours for Federal employees

Managers who hassle federal employees about using agency phones and equipment for National Guard and Reserve duties should back off.

The 75,000 federal workers who are members of military Reserve and National Guard units have a right to use government time, phones and fax machines for military tasks, according to a recent report of the General Accounting Office.

Robert Murphy, GAO general counsel, said agencies would have to create specific prohibitions against such activities to prevent Guard and Reserve members from conducting the business of their units on government time.

Murphy advised the Office of Personnel

Management to circulate new guidelines on use of agency time and equipment for Reserve purposes.

The issue of using work time and equipment for military Reservist business arises most frequently with higher-ranking officers who are involved in telephone trees, or call lists, used to make contacts for unscheduled drills and other exercises. Those officers might have to use work phones and faxes on short notice to contact unit mem-

The Office of Government Ethics advised OPM that although time and equipment must be used for authorized purposes, those purposes may include those not strictly related to agency performance or duties.

Bits-N-Pieces

Dreaded Y2K

How will it affect the Naval Reserve? Well, the year 2000 computer virus could possibly disrupt accounting systems that track pay, leave, and medical records. Computers may crash and the operations of ships, aircraft, satellites and telecommunications might be affected.

What is the Naval Reserve doing about the problem? The Force is taking a proactive stance, conducting tests and inspections on computers and software for Y2K compliance, checking all Reserve Information Technology Systems, and inspecting all Naval Reserve Force buildings and facilities for continuity of utilities.

At this time, assessments are nearly complete and noncompliant systems identified. Efforts are underway to fix identified problems, with a goal of completing repairs, upgrades and replacements this spring.

Reservists may browse the Web at www.navy,mil/ navresfor/y2k/index.html for more information.

Opportunities

U.S. Naval Academy

The U.S. Naval Academy seeks Public Affairs Officers and Journalists to support USNA on Annual Training during FY99. Also, a one-year recall for a USNR JO1 or JO2 is needed to backfill for the retiring Trident editor. Point of contact is P. Warnken, (410) 293-1522/2291, or E-mail,

a r n k e @novell.nadn.navy.mil.

Information Technology

Selected Reservists (officers and enlisted skilled in Information Technologies) are needed to support the COMNAVRESFOR N6 Information Technology Office on Active Duty Training in New Orleans. Opportunities vary from five to 179 days. Applicants may call (504) 678-6315/7018 or m i a cnrf62@cnrf.nola.navy.mil.

Safety Center

The Naval Safety Center Reserve Unit seeks Reservists to work in a variety of areas. There are numerous drill billets available. To apply, contact Capt. G. Platz of NAVSAFCEN 0186, Naval Safety Center, NAS Norfolk, VA 2351; (757) 444-3520, ext. 7227.

Rudder

Awards and Honors

CINCLANTFLT 0186 Navy Commendation Medal

ISC C. Gassert

Navy Achievement Medal

Lt. Cmdr. M. Fitzgibbon ISC E. Oberg

HCS 4

Navy Commendation Medal

Cmdr. Jaeger AD1 Manning

Navy Achievement Medal

Lt. Cmdr. McHugh AD1 Henderson AMHC Keeton AE1 Arroyo AE2 Grogan AE2 Sacket

Letter of Commendation

AO1 Gessner AD1 Henderson AE1 Arroyo AMS1 Lewis AMS3 Duquette AT2 Kesler AMS2 Perkins AD2 Miller **AEAN Duckett** Naval Aircrewman AD3 R. Rauszer **NAVAIRES Norfolk** Sailor of the Year AT1 M. Heisler

Sailor of the Quarter YN1 D. Eilbeck

Junior Sailor of the Quarter

AD2 E. Coleman

Navy Achievement Medal

Lt. Cmdr. C. Boss YN1 R. Foster

Mr. W. Church Mr. T. Carlisle PHC D. Kvello PH1 J. Gorenflo JO2 A. Phillips PH3 D. Stavenson Letter of Appreciation

Mr. B. Church Mr. T. Carlisle PH1 J. Gorenflo PHC Kvello JOC Orr

YNC N Batten YN1 R. Foster AK1 J. Hunter AT1 M. Heisler AT2 K. Kannaird AD2 E. Coleman AK2 M. Cuartas PH2 A. Rivera PN2 N. Ward YN2 G. Bowden

PN3 A. Gregory HN Ford **HN Price HN Smith** HN Srague PNSN A. Dix

NAS 0186

Letter of Appreciation AS1 K. Zufall MR2 Stafford MS1 J. Person AMH2 S. Reynolds AS2 M. Walker MA2 Gunther Re-enlistments AMH2 S. Reynolds

PSYOPS 0286

Reserve Sailor of the Year ET1 R. Grube

VFC-12

Navy Commendation Medal Lt. Cmdr. R. Bertrand **Navy Achievement Medal**

AMEC M. Corbett ADC E. Wilson AMS1 A. McCormick YN1 J. Fisher

AO2 R. Metts AE1 Thomas

Letter of Commendation

AT1 K. Boice AO2 C. Mackenzie AO2 M. Sears AE2 D. Zubas AO3 B. Navom AE3 S. Kountz NC1 K. McColl **Letter of Appreciation**

PN1 P. Barroso AMH2 J. Hershberger AMS3 D. Dickerson AT3 J. McHugh AD3 R. Vasquez AE3 C. Kennedy

Apprenticeship National

AZ2 K. Magnani

VR 56

Navy Commendation Medal

Cmdr. K. O'Neil Cmdr. W. Biles ADC E. Galloway AE2 A. Weddle AMS3 D. Messenger **Navy Achievement Medal**

Lt. Cmdr. D. Pantone Lt. M. Kingston Lt. C. Jendrysik AMEC M. Gallo AMHC W. Coffey AMH1 L. Smith MS1 L. Perkins AMS1 J. Bolin PN1 K. Williams AK1 K. Kelly AZ1 T. Stojkic AMS1 H. Strege AK1 D. Wright AZ1 I. Wilkins

AK1 J. Strickland AT2 K. Newman AT2 D. McMahon AT2 R. Chadwell AD2 V. Lopez

Bravo Zulu

AE2 L. Larimore AME2 D. Crenshaw AE3 J. Ralph

AD3 B. Bruington Advancements

AZ1 T. Stojkic AE2 S. Frank AE2 A. Baugh AZ3 A. Rosario

TAR Sailor of the Year

AMS1 J. Bolin

SELRES Sailor of the Year

PN1 K. Williams

TAR Junior Sailor of the Year

AD3 V. Lopez

SELRES Junior Sailor of the Year

AD3 B. Bruington



NAVAIRES NORFOLK RESERVE FY 99 DRILL SCHEDULE



APRIL 10-11

CARGRU 0886 GVTU 8686 NCIS 0986 NMORA 2186 MED/DEN DET A SECGRU NORFOLK AIC 1886 IVIU INTEL 0206 CNAL OPINTEL 4TH MAW MED PSYOPS 0286 NMITC 0186 SECGRU GRNSB CLFINTEL 0186 NMC PTSMTH Det C VFC-12 CARGU 0486 SECGRU Norfolk

JFACC

HCS-4

TACRON 2186 NADEP 0386 IMAGU 0186 CNAL 1086 CVN NE 0186 TACRON 2286 LEPSU 0186 RPWL 1086 TACGRU 2-286 NH PORTS DET C PSYOPS 0286 NAVSAFCEN 0186 NMITC 0186 NAS 2186 VR-56 VAW-78 HM-14

MAY 1-2 CARGRU 0886 GVTU 8686 NCIS 0986 NMORA 2186 SECGRU NORFOLK AIC 1886 IVIU INTEL 0206 CNAL OPINTEL 4TH MAW MED SECGRU GRNSB CLFINTEL 0186 NMC PTSMTH Det C CARGII 0486 **JFACC** HCS-4 HM-14

MAY 15-16 TACRON 2186 NADER 0386 IMAGU 0186

CNAL 1086 CVN NF. 0186 TACRON 2286 LEPSU 0186 **RPWL 0186**

TACGRU 2-286 NAVSAFCEN 0186 NAS 2186 VAW-78

VR-56

MAY 22-23

VFC-12

JUNE 10-11

CARGRU 0886 **GVTU 8686** NCIS 0986 NMORA 2186 MED/DEN DET A SECGRU NORFOLK AIC 1886 4TH MAW MED PSYOPS 0286 NMITC 0186

CARGU 0486

JFACC HCS-4

IVIU INTEL 0206 CNAL OPINTEL SECGRU GRNSB CLFINTEL 0186 NMC PTSMTH Det C SECGRU Norfolk

JUNE 12-13

TACRON 2186 NADEP 0386 IMAGU 0186 CNAL 1086 CVN NE 0186 TACRON 2286 LEPSU 0186 RPWL 1086 TACGRU 2-286 NH PORTS DET C NAVSAFCEN 0186 NAS 2186 VR-56 VAW-78 VFC-12

JUNE 19-20

VFC-12

March / April 11

Rudder Readership Survey

Please take a few moments to fill out this survey. Your input can determine the future direction of RUDDER and the NAVAIRES Norfolk web site.

Do you drill with a NAVAIRES Norfolk unit or squadron component? YESNO UNIT/SQUADRONRATE/RANKDATE
Do you read RUDDER, the bi-monthly publication of Naval Air Reserve Norfolk Public Affairs Office? YES, EVERY ISSUEOCCASIONALLYNO
Have you received a copy of RUDDER at your home address in the past six months? YESNO
Do you prefer to have RUDDER sent to your home, or do you prefer to pick up a copy on your drill weekends? RECEIVE AT HOMEPICK UP ON DRILL WEEKENDS DOES NOT MATTER
Do you have access to the Internet, either at home or at work? YES NO, BUT PLANNING ON IT NO, AND NOT PLANNING ON IT
Do you access the NAVAIRES Norfolk web site at www.norfolk.navy.mil/navaires for information prior to the Drill weekend (Topical Summary, Reserve-oriented messages)? YESNONOT RIGHT NOW, BUT WOULD IF I HAVE INTERNET ACCESS
Do you find navigation of the NAR Norfolk web site: EASY DIFFICULT (please explain)
The RUDDER is now available on-line in color. Have you accessed it? YES NO DO NOT HAVE ACCESS TO THE INTERNET
Would you be interested in the NAR Norfolk web site providing the following media: A) Expansion of Reserve unit and squadron components. YESNO B) Official forms in a browser-friendly format or as Word templates. YESNO C) Streaming audio/video (QUICKTIME, AVI, RealPlayer). YES NO D) Other forms of web-based media . YES NO
Please provide any additional comments or suggestions you may have for RUDDER or the NAV-AIRES Norfolk website:
Please return completed surveys to NAVAIRES Norfolk PAO, Bldg SP-367, Rm 114, ATTN: IOC ORR

12 Rudder

This survey is also available on or website at www.norfolk.navy.mil/naviares.